

THREE STEPS TO GO VEGAN

1. Are animals sentient?

Answer: All animals, such as humans, pigs, chicken, turkeys, ducks, cows, goats, sheep, lamb, fish, crustaceans, are sentient beings who wish to live freely without being oppressed. They have their own experiences of life, families, wishes, and desires. Plants and minerals are not sentient as they lack a nervous system and therefore lack the capacity to feel emotions.

2. Do you think humans need animal products or services?

Answer: Humans do not need to use non-human animals for any purpose, such as food, clothing, personal care, household goods, transport, entertainment, sports, hunting, fishing, breeding, experimentation, companionship, or anything else. We need not live in the past ages.

With regard to diet, humans are not obligate carnivores or predators. We are Primate animals - a type of a Great Ape in the same category as chimpanzees, bonobos, and gorillas. We need fibre from plants, not cholesterol that comes from animals. As per major dietetics associations, a well-planned vegan diet (plants, mushrooms, nutritional yeast, sunlight, water, supplements if needed) can provide us with all nutrients, and can also in many cases, significantly reduce risks of cancers, heart diseases, diabetes, and major illnesses such as Covid (as per large scale scientific studies, NIH and WHO). Animal exploitation is also a major cause of climate collapse, pollution, deforestation and of food, water, land and crop scarcity (as per Oxford research and UN). We definitely do not need any animal products - we exploit various animals due to our ignorance.

3. "If animal products aren't necessary (and possibly harmful), what justifies exploiting sentient individuals?"

Answer: There is absolutely no justification. Non-human animals are OUR victims if they are used or exploited for any purpose, just as we human animals would also be if we were put in their place. Religion, culture, habits, beliefs, laws, all are not valid justifications for us to continue oppression, as these can all be wrong and outdated. All humans need to **Go Vegan** now, regardless of any further excuses. Any more arguments or debates are simply invalid excuses.

Veganism is a moral imperative for humans to stop all use or exploitation of non-human animals by recognising their rights as individual sentient beings.

Humans have the capacity to make moral decisions with empathy. Each person who goes Vegan stops exploiting thousands of unwilling victims year after year.

You do not need any complex challenges, trials, or research to delay your decision. This decision should not depend on any graphic footage, methods of violence, abuse, cruelty, suffering, or welfare, because those methods are irrelevant. What is important is to never use victims now onwards.

Please Take the Vegan Pledge now on GoVegan.Earth!!



More information, free books, and resources are available on <https://govegan.earth/>