Choose Truth

HOW TO GO VEGAN

1. Refuse all animal products or exploitation
2. Use only Vegan items from now on (not just cruelty free)
3. Stop any of the below listed activities/ use
4. Try to teach Veganism to your family and friends
5. Pets too could be healthier on vegan pet foods

COMPLETELY STOP USING:
Animal Meat, Eggs, Dairy, Honey, Animal Derived E-numbers, Animal Fur, Skin, Leather, Animal Silk, Feathers, Animal Derived Cosmetics, Animal Derived Personal Care or Household Items, Animal Tested Items, Animal Circuses, Riding Animals, Marine Parks, Animal Sports, Rodeos, Zoos, Aquariums, Animal Farming, Hunting, Fishing, Animal Sacrifice, Religious Use, Shopping and Trade of Pets, Animal Derived Pet Food or Pet products.

Free Resources

Visit GoVegan.Earth
TAKE THE VEGAN PLEDGE

FB/ TikTok/ Insta @Govegan.Earth
YouTube @GoVeganEarth

contact@govegan.earth

MORE INFO

OTHER WEBSITES: Vegansociety.com, Nutritionfacts.org, Pcrm.org Howdoigovegan.com, Helpgoingvegan.com Bitesizevegan.com,
Apps: Happycow, Vegan Pocket, Whats Vegan

YouTube: Dominion, Earthlings, Land of Hope and Glory, Forks Over Knives, Meet Your Meat, Slaughterhouse, Dairy Is Scary, What's Wrong With Eggs Maa Ka Doodh, The Land of Ahimsa, What The Health, Uprooting the Leading Causes of Death, Are We Designed to Eat Meat - Milton Mills MD, The Truth About Dairy - Milton Mills, Food For Thought, I Could Never Go Vegan, The Best Speech You Will Ever Hear, Hogwashed - The Free Range Facade, Halal Slaughterhouse Exposed in England - Joey Carbstrong, Violated - Joey Carbstrong
Amazon Prime/ Netflix: Pignorant, Hogwood, The Game Changers, What The Health, Cowspiracy, Seaspiracy, Eating Our Way to Extinction

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Social Justice

VEGANISM

Key Facts

As Easy As Being Against Extraordinary Injustices, Violence, Slavery, Oppression and Rights Abuse of Sentient-Beings

AN ANIMAL RIGHTS MESSAGE

Veganism is the moral imperative that humans respect rights of non-human animals (sentient beings) by excluding all products, services and activities that usethem (abolitionism).

IMPORTANT EDUCATION

DID YOU KNOW?

Humans and other animals have free will

- Animals are sentient and have feelings, desires, own thoughts, and free will. We and other animals clearly demonstrate a tendency to flee from danger. All animals deserve to be free in nature.
- We do not need animal products or services that exploit animals, in order to survive, thrive, be healthy, have fun, or for any purpose. Leading nutritional associations such as British and American Dietetics Associations have stated that a vegan diet is sufficient for all humans.
- Part of Veganism is a plant based (zero cholesterol and high fibre) diet which may actually prevent various deadly diseases: cancers, heart diseases, diabetes, and climate change unlike zero fibre based animal products diet that harm us all.
- We also do not need wool, silk, fur, leather, feathers, zoos, aquariums, horse riding, hunting, animals in circuses, rodeos, pet trade, animal testing, besides animal meat, animal milk, eggs, honey, or any derivatives. Please do go Vegan by using alternatives that are Vegan as far as practicable and possible.

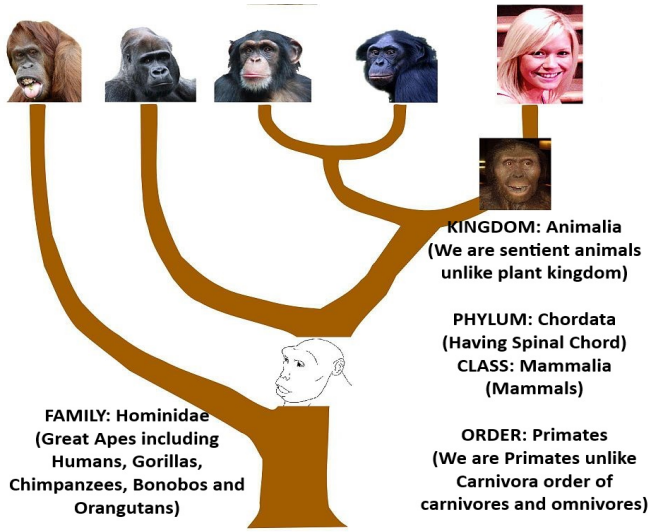
Were We All Deceived?

BE FREE OF LIES

Humans are not true Omnivores (like dogs) or 'top of the food chain' predators (like cats) because we do not eat our prey raw.
We are one of the Great Apes alongside Gorillas, Orangutans, Bonobos, and Chimps whose diets are 90 to 100 percent plant based.

No animal needs milk after infancy stage and certainly not the milk of another specie. We are not baby cows.

Being a highly evolved form of apes, our behaviour standards are higher as we can make the right moral decisions. Please go vegan today!



Animal Products Tremendously Harm Our Mind, Body, Spirit, Our Economy, Planet and the Moral Upbringing of Our Children

BE SENSIBLE

NORMAL HUMAN BEHAVIOUR

LOVE, KINDNESS, JUSTICE

- Humans have natural instincts to love, care for, defend and protect others, especially vulnerable innocent beings who are likely to be hurt, intimidated, or oppressed. It is highly unnatural for us to want to pounce upon, hit, kill, abuse, or eat a dog, cat, pig, bull, cow, goat, sheep, fish, human or any other person.
- Animal farming is based on reproductive enslavement of victims, confined to breed babies after babies for exploitation. Keeping someone against their will is abuse, forced impregnation is rape, killing them against their will is murder and as most victims are babies and children, it is infanticide too.
- Discrimination based on DNA or genetic traits is an extension of racism called Speciesism, which is a prevalent injustice in society for centuries.
- Laws and cultures across the globe may not be upto the mark, e.g. marital rape and FGM might be legal in some nations, while slavery and women's discrimination were legal in the past. Killing witches was allowed once.
Just because governments or religions allow injustices, they don't become condonable.